

**TABLE 1. CPSA PROTOCOL FOR DELEGATED COSMETIC S4 INJECTIONS**

**Suitably trained registered nurses may administer S4 medicines for cosmetic purposes after a doctor has consulted face-to-face with a patient and formulated a written treatment plan:**

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| <ul style="list-style-type: none"> <li>• to cover a time period no greater than a year</li> <li>• stipulating the area to be treated</li> <li>• stating which medications are to be used</li> </ul> | <ul style="list-style-type: none"> <li>• setting the maximum number of procedures</li> <li>• stating the maximum dosages of the medication to be administered.</li> </ul> |
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**The patient and treatment plan would be reviewed:**

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| <ul style="list-style-type: none"> <li>• at the expiration of the set time period</li> <li>• if unexpected side effects occurred</li> <li>• if the patient or nurse were unhappy with the result</li> <li>• if new indications for the ordered medications were contemplated</li> <li>• if other medications were considered for the original or new indications</li> <li>• if the original presentation was altered by, e.g. surgery, trauma, pregnancy or other procedures, for which the original treatment plan did not cater.</li> </ul> | <p>If the patient was taking new medications, the nurse would need to check with the supervising doctor prior to the procedure to ensure there were no contraindications to proceeding with the treatment plan.</p> <p>Suitably trained registered nurses may perform such procedures at adequately equipped premises, distant from the doctor's rooms only if treatment plans for all patients had previously been formulated by the supervising doctor, following a face-to-face consultation. The doctor should be readily contactable, but need not be on site.</p> <p>It is not acceptable for a doctor to on-sell S4 medications to a nurse or other person to then administer these to patients, regardless of any prior order for the administration of said medications.</p> |
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**Registered nurses performing such procedures must:**

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| <ul style="list-style-type: none"> <li>• have current registration in the relevant state or territory</li> <li>• be covered by the practice insurance policy – an independent contractor must have his or her own insurance policy</li> <li>• have had adequate training in the particular procedure/s</li> <li>• be certified as competent where certification exists, or deemed competent by a trainer approved by the supervising doctor.</li> </ul> | <p>The CPSA does not endorse the use of injectors whose qualifications or experience is less than that stated above and is vehemently opposed to injections being given by non-paramedical persons such as beauty therapists.</p> <p>All Members should ensure there are no additional requirements pertinent to their own state or territory which must be fulfilled.</p> |
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